

The University of Texas at Austin and



LONGHORN AQUATICS
2013 Masters South Central Zone Championships
April 5-7, 2013

WELCOME: Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in our 2013 Master's South Central Zone Championships. This meet is open to all USMS registered swimmers and will be conducted in a 25 yard courses, using Daktronics Timing System and Hy-Tek Meet Manager software.

FACILITY: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. There are two movable, power-operated bulkheads. Water Depth is 9 feet deep at both the start and turn ends. The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Sanction: Sanctioned by South Texas Masters Swim committee for USMS, Sanction #433-S002. Current United States Masters Swimming Rules will apply.

Meet Director: Bridgette Rhodes, bridgette.rhoades@austin.utexas.edu 512-471-7433

Meet Referee: Herb Schwab

Eligibility: This meet is open to all swimmers age 18 and older as of April 5, 2012 who are currently registered with United States Masters Swimming (USMS). All competitors must provide a current USMS registration card or otherwise show proof of USMS registration. In accordance with USMS rules, a swimmers age is determined as of the final day of the meet, April 7, 2013.

WARM-UP AND START TIMES:

Friday, April 5, 2013

Warm-ups begin at 5:00 PM; Meet starts at 6:00 PM

Saturday, April 6, 2013

Warm-ups begin at 9:00 AM, Meet starts at 10:00 AM

Sunday, April 7, 2013

Warm-ups begin at 8:00 AM, Meet starts at 9:00 AM

There will be continuous warm-up and warm-down in the diving well during the entire meet.

**Warm-up
Procedures**

General warm-up (First 35- 45 minutes)

No diving allowed from the blocks or edge of pool. Swimmers must enter pool feet first in a cautious manner. No sprinting or pace work allowed during the general warm-up session. All lanes to be used for general warm-up.

Specific Warm-up (last 20-25 minutes)

Lanes 2 & 7

Diving lanes - Sprint lanes for diving from blocks or for backstroke starts in specified lane at designated times. One way only.

Remaining lanes

General warm-up lanes - No Diving. Circle swimming only.

On-line Entry and fees

We will be using Club Assistant to process on-line entries. We encourage all participants to enter on-line if possible.

<https://www.clubassistant.com/club/meets.cfm?c=2023>

Early Entries: Individual entry fee is \$50.00 if you enter on-line by March 18, 2013 by 11:59pm CDT.

Late Entries: Individual late entry fee is \$60.00 if you enter on-line after March 18, 2013, but before March 31, 2013 by 11:59pm CDT. **No additional on-line entries will be accepted after March 31, 2013.**

If paying by credit card, your credit card statement will reflect a charge from "ClubAssistant.com Events."

Paper Entry forms and fees: Individual paper entry fee is \$60.00 if your paper entry form is received by Friday March 29, 2013. No additional paper entry forms will be accepted after March 29, 2013

**Paper Entry
Address**

Longhorn Aquatics Masters
Zone Championships
1900 Red River St. D4050
Austin, TX 78712-1280

Make all checks payable to: **University of Texas at Austin**

Individual Deck entries will not be accepted!

RELAY ENTRIES: The relay events will be deck entered and seeded by time. Relay events may be combined. Relay entries will be accepted up to one hour after the beginning of the competition each day, except for the 800 Free relay, which is due by 9:30am Saturday. Swimmers participating only in relays must present a copy of their USMS card, pay a \$20.00 surcharge, and sign the liability release at the time of the entry.

Relay entry fee is \$10.00 per relay and is due upon submitting the relay entry.

ENTRY CONFIRMATION: All participants who enter on-line through Club Assistant will receive a confirmation email after they check out. If you don't receive an email confirmation, your entries were not received. No confirmation will be sent for paper entries.

NUMBER OF EVENTS ALLOWED: Athletes may enter a maximum of five (5) individual and two (2) relay events per day.

SEEDING: Seeding will be fast-to-slow. Women's and Men's heats may be combined or alternated for distance events at the meet director's discretion. Only distance events and relays may be deck seeded.

Conduct of Meet: All events will be seeded by gender and entry time and swum fastest to slowest, unless the meet director specifies otherwise. The 500, 1000, 1650-yard freestyles and the 400 yard individual medley will require a positive check-in on the following schedule:

400 I.M. – 5:30 PM Friday
1650 Free – 5:30 PM Friday
800 Free Relay – 9:30 AM Saturday

500 Free – 9:30 AM Saturday
1000 Free -10:00 AM Sunday

The relay events will be deck entered and seeded by time. Relay events may be combined. Relay entries will be accepted up to one hour after the beginning of the competition each day.

SCORING:

Individual Points:

1st-9 points, 2nd-7 points, 3rd-6 points, 4th-5 points, 5th-4 points, 6th-3 points, 7th-2 points, 8th-1 point.

Relay Points:

1st-18 points, 2nd-14 points, 3rd-12 points, 4th-10 points, 5th-8 points, 6th-6 points, 7th-4 points, 8th-2 points.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Spectators and athletes may not bring food or drink into the Texas Swim Center from outside sources.

AWARDS: Medals will be given for places one through three in each individual event in each Age Group.

T-SHIRTS: A meet T-shirts will be available for purchase for \$15. Swimmers may preorder shirts with their entries through Club Assistant during the entry process. There will be an additional small number available for sale at the meet.

PSYCH SHEET: The psych sheet will be available April 2, 2013 on the Longhorn Aquatics website: <http://www.utexas.edu/longhornaquatics/meets/upcoming-meets/>

DECK ENTRIES: No deck entries are allowed except relay entries.

RELAY ENTRIES: All relay swimmers must be USMS registered and on the same team. The youngest swimmer's age determines the age group of the relay team for short course (19+, 25+, 35+,...)

SPLIT TIMES REQUESTS: A form must be in place with the head official to have split times included in results for participants who request them.

EVENT RESULTS: Event results (including splits) should be posted as soon as possible after each event.

CLERK- OF- COURSE: A clerk table will be located immediately through the double doors leading to the deck. This is where deck seeded event check-in and relay entries will be.

HOSPITALITY: A hospitality area for the officials and volunteers will be located in the classroom located off deck, near the men's locker room entrance.

CONCESSIONS: Concessions will be provided on the second level of the Texas Swimming Center during competition hours. O's Campus Café is our concessions provider. They serve among other things: breakfast tacos, bagels, fruit, wraps, salads, smoothies, burgers, candy and drinks.

FIRST AID: An Emergency Medical Technician (EMT) will be located on the pool deck in the medical/first aid room. Sports massage therapy services will not be provided.

**The University of Texas at Austin
Texas Aquatics Masters
2013 South Central Zone Championships
April 5-7, 2013
Official Entry Form**

Name: _____ Age as of _____ DOB: _____ M / F
4/7/2013: _____

Address: _____ Zip: _____ Phone: _____

Team: _____ Team Abbreviation: _____ USMS #: _____

Individual Paper Entry fee \$60 = \$ _____
Relay Only Paper Entry fee \$20 = \$ _____

Number of meet T-shirts ordering _____ X \$20.00 = \$ _____
Size _____

Total \$ _____

Please make all checks payable to **The University of Texas at Austin**

LIABILITY RELEASE

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date _____

Signature _____

Mail entries, check & copy of USMS card to:
South Central Zone Championships
Texas Aquatics Masters
1900 Red River St. D4050
Austin, TX 78712-1280

Name: _____ Age as of 4/7/2013 _____ Gender _____

Please circle the number of the event you wish to enter (Notice: Most Women's events odd numbered, most Men's events are even numbered). Write your seed time in the space provided. Enter NT for no time.

Friday, April 5, 2013 - Session 1

| Female | Male | Event | Seed Time |
|--------|------|-----------|-----------|
| 1 | 2 | 400 IM | |
| 3 | 4 | 1650 Free | |

Saturday, April 6, 2016 - Session 2

| Female | Male | Event | Seed Time |
|----------|------|------------------|-----------|
| 5 | 6 | 800 Free Relay | |
| 7 Mixed | | 800 Free Relay | |
| 8 | 9 | 500 Free | |
| 10 | 11 | 100 IM | |
| 12 | 13 | 200 Back | |
| 14 | 15 | 50 Breast | |
| 16 | 17 | 100 Free | |
| 18 | 19 | 50 Back | |
| 20 | 21 | 200 Breast | |
| 22 | 23 | 100 Fly | |
| 24 | 25 | 200 Free Relay | |
| 26 Mixed | | 200 Free Relay | |
| 27 | 28 | 400 Medley Relay | |
| 29 Mixed | | 400 Medley Relay | |

Sunday, April 7, 2013 - Session 3

| Female | Male | Event | Seed Time |
|----------|------|------------------|-----------|
| 30 | 31 | 100 Breast | |
| 32 | 33 | 200 Free | |
| 34 | 35 | 50 Fly | |
| 36 | 37 | 100 Back | |
| 38 | 39 | 200 Fly | |
| 40 | 41 | 50 Free | |
| 42 | 43 | 200 IM | |
| 44 | 45 | 200 Medley Relay | |
| 46 Mixed | | 200 Medley Relay | |
| 47 | 48 | 400 Free Relay | |
| 49 Mixed | | 400 Free Relay | |
| 50 | 51 | 1000 Free | |