

JANUARY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day No Practice	2 N/ND 9AM- noon SR 9-11 AM SRLH 5-7 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	3
4 N/ND 8-10 AM SR 8-10 AM LHA 10 AM- noon LH 10-11:30 AM	5 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	6 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	7 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	8 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	9 New Year's Classic Meet @ UT	10 New Year's Classic Meet @ UT
11 New Year's Classic Meet @ UT	12 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	13 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM LHA 5-6:30 PM SRLH 7-8 PM LH 6-7 PM JRLH 5-6 PM	14 TYR Pro Swim Series Meet @ UT Practices TBA	15 TYR Pro Swim Series Meet @ UT Practices TBA	16 TYR Pro Swim Series Meet @ UT Practices TBA	17 TYR Pro Swim Series Meet @ UT Practices TBA
18 N/ND 8-10 AM SR 8-10 AM LHA 10 AM- noon LH 10-11:30 AM	19 ML King Day N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	20 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	21 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	22 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	23 UT College Meet No Practice N/ND 5:30-7 AM	24 UT College Meet No Practice
25 N/ND 8-10 AM SR 8-10 AM LHA 10 AM- noon LH 10-11:30 AM	26 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	27 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	28 N/ND 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-6:30 PM LH 6-7:30 PM JRLH 5-6 PM	29 N/ND 5:30-7 AM & 5:30-7:30 PM SR 6:30-8 PM SRLH 6:30-8 PM LHA 5-7 PM LH 6-7:30 PM JRLH 5-6 PM	30 UT College Meet Practice TBA	31
					N= National ND= National Development SR= Senior SRLH= Senior Longhorn LHA = Longhorn Advanced LH= Longhorn JRLH= Junior Longhorn	