| Ju | ıly | 2025 | | | | |
|--------|------------------------------|------------------------------|------------------------------|------------------------------|---------------------------|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | 1 | 2 | 3 | 4 | 5 |
| | | 11 & Under: 5:00-6:30pm | 11 & Under: 5:00-6:30pm | 11 & Under: 5:00-6:30pm | | |
| | | 12-13: 5:00-6:30pm | 12-13: 5:00-6:30pm | 12-13: 5:00-6:30pm | | |
| | | 14-18: 6:30-8:00pm | 14-18: 6:30-8:00pm | 14-18: 6:30-8:00pm | | |
| | | High School T/H: 6:30-8:00pm | High School M/W: 6:30-8:00pm | High School T/H: 6:30-8:00pm | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | | 11 & Under: 5:00-6:30pm | 11 & Under: 5:00-6:30pm | | | |
| | 12-13: 5:00-6:30pm | 12-13: 5:00-6:30pm | 12-13: 5:00-6:30pm | | | |
| | 14-18: 6:30-8:00pm | 14-18: 6:30-8:00pm | 14-18: 6:30-8:00pm | | | |
| | High School M/W: 6:30-8:00pm | High School T/H: 6:30-8:00pm | High School M/W: 6:30-8:00pm | | Sectionals swim meet @ UT | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | Drain Diving Well | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | | |
| 27 | 28 | 29 | 30 | 31 | | |
| | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | Dryland: 5:00-6:30pm | | |