

May

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Podium: 5:00-7:30pm	Podium: 10:00-1:00pm TID: 10:00-1:00pm
3	4	5	6	7	8	9
	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-7:30pm	Podium: 10:00-1:00pm TID: 10:00-1:00pm
10	11	12	13	14	15	16
	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-7:30pm	Podium: TBD TID: TBD
					11 and Over End of School Splash	
17	18	19	20	21	22	23
11&Over Meet	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-7:30pm	Podium: 10:00-1:00pm TID: 10:00-1:00pm
24	25	26	27	28	29	30
	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Team Practice @ Smu Venue: TBA	USA Diving Zone B @SMU	
31						
Zone B						

June

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	No Practice	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-Noon	Nationals Team: TBD	Podium: TBD	Nationals Team: TBD
				Elite Invite Meet @ UT		
7	8	9	10	11	12	13
	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-Noon	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm		Barton Springs Takeover!!! 11:00am-1:00pm
Elite Invite					Texas Open Meet @ UT	
14	15	16	17	18	19	20
	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-Noon	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Podium: 9:00-noon	Nationals Team: 9:00- Noon
Texas Open Meet						
21	22	23	24	25	26	27
	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-11:00am & 1:00-3:00pm	Nationals Team: 9:00-Noon			
				USA Diving Junior East Championships		
28	29	30				
	No Practice	Nationals Team: 9:00-11:00am & 1:00-3:00pm				
USA Diving East						

July

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Nationals Team: 9:00- Noon	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Podium: 9:00-noon	July 4th - No Practice
5	6	7	8	9	10	11
	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- Noon	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Podium: 9:00-noon	Nationals Team: 9:00- Noon
12	13	14	15	16	17	18
	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 10:00am - 1:00pm	Nationals Team: 10:00am - 1:00pm	Podium: 10:00am - 1:00pm	Nationals Team: 10:00am - 1:00pm
Sectionals @ UT						
AAU Junior National Championships						
19	20	21	22	23	24	25
	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- Noon	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Podium: 9:00-noon	Urban Air Tramp Park Takeover!!! 11:00am- 1:00pm
AAU Junior National Championships						
26	27	28	29	30	31	
	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	Nationals Team: 9:00- 11:00am & 1:00- 3:00pm	USA Diving Junior Nationals @ Morgantown WV			

August

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						USA Diving Junior Nationals
2	3	4	5	6	7	8
USA Diving Junior Nationals			USA Diving Senior Nationals			
9	10	11	12	13	14	15
USA Diving Senior Nationals			Team Break	Team Break	Team Break	Team Break
16	17	18	19	20	21	22
Team Break	All Groups 5:00pm - 7:30pm		All Groups 5:00pm - 7:30pm	All Groups 5:00pm - 7:30pm		All Groups 10:00-1:00pm
23	24	25	26	27	28	29
	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-8:00pm TID: 5:00-7:30pm	Podium: 5:00-7:30pm	Podium: 10:00-1:00pm TID: 10:00-1:00pm
30	31					
	Podium: 5:00-8:00pm TID: 5:00-7:30pm					