

The University of Texas at Austin



LONGHORN AQUATICS
2019 Texas Age Group Swimming Long Course Championships
TAGS & TAGS Time Trials
July 24-28, 2019

Entry deadline – NOON CDT, Monday, July 22
(USA Swimming OME)

Welcome: Longhorn Aquatics invites your team to join us at the Lee and Joe Jamail Texas Swim Center for Texas Age Group Swimming Championships. The meet will be conducted in one 50 meter course, using Omega touch pads, Daktronics Timing System and Hy-Tek Meet Manager software.

Facility: The Lee and Joe Jamail Texas Swimming Center has an indoor 8 lane 50 meter competition pool. The pool is considered one of the fastest pools in the world due to its depth, gutter system, high filtration rate and lane width. For the July 2019 meet the competition course *has* been certified in accordance with 104.2.2C(4).

The Swim Center is located on the University of Texas Campus, 1900 Red River Street, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

Water Depths: The minimum water depth, measured in accordance with Article 103.2.3, is 9 feet at the start end and the turn end is 9 feet measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Liability: In granting this sanction it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), The University of Texas, the Lee and Joe Jamail Swimming Center, Longhorn Aquatics, and all meet staff and officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

TSC Rules: As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum and glass containers are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times. Deck changing is prohibited.

Swimmer Photographs and Videos: There may be one or more photographers and / or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made, are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Cell phone restrictions: The presence or use of cell phones, smart phones or any other devices capable of producing audio recordings, photographic or video images in locker rooms, restrooms or changing areas is strictly and specifically prohibited at all times. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Sanction: Held under the sanction of USA Swimming; this meet has been sanctioned by South Texas Swimming and current USA Swimming rules and any relevant sections of the South Texas Policies & Procedures Manual will apply. All swimmers must be registered as athletes for 2019 with USA Swimming by the meet start date. Athletes who register with USA Swimming after the meet entry deadline may deck enter the meet only if they can present their 2019 USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app (or a coach may present the club's official, watermarked roster from the USA Swimming club portal). South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

USA Swimming Registration: All swimmers, coaches, and officials participating in this competition must be currently (2019) registered with USA Swimming. All should also be prepared to present their USA Swimming ID Card as proof of their Registration to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to deck enter, if offered, will be required to present their USA Swimming ID card or proof of membership using the USA Swimming Deck Pass app 3) or a coach may present the club's official, watermarked roster from the USA Swimming club portal). Current national and LSC regulations do not allow for exceptions to these policies. South Texas Swimming does not allow on-deck USA Swimming registrations.

General Meeting: All swimmers must be represented at a pre-meet general meeting that will be held on Wednesday, July 24, 2019. The meeting will be held 10 minutes after the end of Session 1 at the Flag End on the pool deck. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer's and/or coach's responsibility to be aware of any decisions or changes that are made at this meeting.

Team Scoring/Awards Eligibility: All teams must comply with all TSA entry requirements. The team must be a member of the Texas Swimming Association (TSA) for their swimmers to compete in any event and to earn team points and awards. Swimmers must be currently registered as athletes for 2019 with USA Swimming by the entry deadline and must be registered as a member of one of the five Texas Local Swimming Committees (LSC's). Swimmers age 14 and under on July 24, 2019 are eligible to compete. The age of the swimmer will be his/her age on July 24, 2019. All swimmers must meet the 2019 TAGS time standards established for each event they enter and must have achieved those times between June 1, 2018 and July 23, 2019. LCM time standards are shown on the order of events. Non-conforming qualifying times can be found on the [Texas Swimming Association website](#).

TSA Membership Requirements: All teams must be a member of TSA for their swimmers to compete in any event and to earn team points and awards. TSA dues are \$25.00 and must be paid through the TSA OME entry process. Late entries must pay the TSA dues at the time of entry if the respective team has not already paid the TSA dues.

Unattached Swimmers: A swimmer may swim "unattached" if he/she is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points. If an unattached swimmer is not representing a team, that individual must pay the \$25.00 TSA dues to be eligible for the meet.

Meet Operations: Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between this Meet Information and current TSA rules.

Meet Format: Individual events in prelims will be conducted using both ends of the 50-meter pool – odd heats finishing at one end (closest to the men’s locker room) and even heats finishing at the other end (closest to the women’s locker room). However, we reserve the right to run events on Wednesday evening from only one end of the pool. Chase starts may be used at the discretion of the meet referee. Preliminary events will be seeded slowest to fastest. Events on Wednesday, the 1500 Free on Sunday will swim fastest to slowest. The 800 and 1500 Free require positive check-in and will swim alternating heats of girls and boys. There will be a 15 minute break on Wednesday between the 800 Free and the 800 Free Relay. There will be a 10 minute break during prelims on Sunday after the relay and before the start of the 1500 Free.

In prelim/final events, two heats in the 10 & under, 11- 12 and 13-14 age groups, will advance to finals.

All relays, the 800 Free, 10 & under 400 Free and 13-14 1500 Free are timed finals. In the 10 & under 400 Free and 13-14 1500 Free, the fastest heat of girls and boys will swim during finals. However, swimmers in the 1500 Free on Sunday may elect a morning swim. This election is due by 6 PM on Saturday. If no indication is made, the entry will be seeded as if it is available for an evening swim. All other heats of the 1500 Free will swim as the final event in Sunday’s prelim session, fast to slow, alternating girls and boys. There will be a 10 minute break after the 200 medley relay before the start of the 1500.

Relays: There is not a limit on the number of relays teams may enter. All relays are timed finals and all relays will start at the even end of the pool (closest to the women’s locker room or Flag End). The fastest 8 seed times in each age group electing to swim in finals will swim at night during finals. Teams may elect a morning swim. This election must be made by 6 PM the evening before the relay will swim (so on Wednesday at 6 PM for Thursday relays; on Thursday at 6 PM for Friday relays, etc.) If no election is made, the relay will be seeded as if it is available for an evening swim. Teams seeded in finals must swim or scratch.

Relay cards listing the order of swimmers must be turned in to clerk of course by 6 PM the evening before the relay will swim (same time that you will make an election for a morning swim). You will be able to change the order of the swimmers on the relay. If you fail to turn in a relay card by the 6 PM deadline, your relay will be scratched. If you plan to scratch a relay, fill out a relay card and write “scratch” on it. The order of swimmers on relay teams will be strictly enforced in accordance with 102.3.7 USA Swimming Rules and Regulations.

Relay only swimmers must be pre-entered (prior to the start of the meet) in the meet to be eligible to swim relays. After OME closes, relay only swimmers can be added to the meet for \$20.00 per athlete at any time, prior to the relay. The four (4) swimmers being used to prove the time for a relay, whether the proof is done by team or aggregate, must be eligible to swim that event for this meet.

Positive Check In: The 13-14 800 and 1500 Free will be deck seeded and require positive check in. Failure to check in at clerk of course before the deadline will result in the swimmer being scratched from the event. See the Meet Schedule for exact check-in times.

Scratch Rule: Scratching for preliminaries is required. You must scratch a prelim event you will not swim the next day (i.e. scratch deadline for Thursday’s events is 10 minutes after the conclusion of the general meeting on Wednesday; on Thursday by 6 PM you must scratch any event you will not swim on Friday, etc.) See the Meet Schedule for exact times each day. Failure to scratch an event means that event (whether you swim or not) will count as one of your seven allowed events for the meet.

Scratching for all final events is required as outlined in the current USA Swimming rules 207.11.6D and 207.11.6E: Any finalist who fails to compete at finals or consolation finals, for which he has qualified and failed to scratch with the Clerk of Course prior to the scratch deadline, shall be banned from further competition in the meet in accordance with the USA Swimming Rules and Regulations.

In this Prelim/Final meet, the finalists and alternates shall be announced and shall have thirty (30) minutes after the announcement to scratch from finals. Any qualified swimmer in the event (a swimmer is qualified for finals, consolation finals or any other bonus final heat if he has successfully completed the event in Prelims) may be moved into finals due to scratches, therefore all swimmers who will not be present at finals must scratch to avoid a possible suspension from the meet. Thirty (30) minutes after the announcement, no further scratches shall be accepted, the existing scratches will be tabulated and the finalists and two (2) alternates for the event shall be set. Only the finalists set at this point may be subject to the above banishment from competition, even though any qualified swimmer may be moved into finals.

Entry Deadline: The entry deadline is NOON CDT Monday, July 22, 2019. OME will automatically close at that time.

Entry Fees: \$15.00 per individual event, \$30 for relays. A \$5.00 per swimmer surcharge will be charged, including relay only swimmers.

Time Trials are \$30.00 per individual event.

Deck Entries are \$30.00 per individual event, \$60 for relays.

Entries: Swimmers may enter as many events as they are qualified to swim but they may only compete in a total of 7 individual events during the entire meet with no more than 3 individual events during any one day, plus 1 relay event per day. Time trial events will count as one of the 3 events allowed per swimmer per day, but not as one of the seven 7 individual meet events.

If you enter more than 7 events, you must scratch the events you don't want to swim. See "Scratch Rule" above.

Teams may list up to two alternates per relay as relay only swimmers. **Alternates that may be used on a relay at the meet must be entered in OME.** Relay only swimmers can be added at any time prior to the relay for a fee of \$20.00.

Entries for TAGS must be completed in [USA Swimming's online meet entry \(OME\) system](#). Entries will open in OME on June 1, 2019. You are not entered in the meet until you have checked out and paid for your entries in OME.

OME saves your entries and you can complete your entries in more than one sitting. But once you check-out, you cannot delete an entry (but you can add additional entries until the entry deadline). OME accepts Visa, MasterCard, American Express, and Discover. **Coaches must register in OME to receive a deck pass.**

A Hy-Tek file is available on the Longhorn Aquatics website for running eligibility reports and working out relays, but teams may NOT submit entries using Hy-Tek.

If you have **trouble using OME**, please contact **Jaime Lewis** with USA Swimming jlewis@usaswimming.org. Email is preferred.

If you have an **entry question**, please contact **Bridgette Laitala** at bridgette.rhoades@austin.utexas.edu. Email is preferred.

Non-conforming times and distance events: Swimmers qualifying with a "non-conforming" time (SCY) should enter that event using the non-conforming time. This allows OME to prove a qualifying entry time. All events will be seeded LCM first then SCY (with the exception of the 800 Free and 1500 Free).

A swimmer that has the qualifying time for the 1650/1500 Freestyle also qualifies for the 800 Freestyle. If entering the 800 Freestyle with the 1650/1500 Freestyle qualification, the swimmer must enter the 800 Freestyle with their 1650/1500 Freestyle time. This will provide proof of qualification for the event and will allow the swimmers to be seeded in the correct order: 800 LCM, 1000 SCY, 1500 LCM, 1650 SCY. Conversely, a swimmer who qualifies for

the 800/1000 Freestyle qualifies for the 1500 Freestyle. If entering the 1500 Freestyle with the 800/1000 Freestyle qualification, the swimmer must enter the 1500 Freestyle with their 800/1000 Freestyle time. This will provide proof of qualification for the event and will allow the swimmers to be seeded in the correct order: 1500 LCM, 1650 SCY, 800 LCM, 1000 SCY.

A 13-14 medley relay with a qualifying time in the 400 automatically qualifies for the 200 medley relay. If entering the 200 medley relay teams should **enter with their 400 medley qualifying time.**

Proof of Times: OME will automatically provide proof of time. However, if you override a time in OME, you will be required to provide proof of time.

For all rules and explanations pertaining to TAGS Proof of Times, swimmers and coaches should refer to the TSA handbook. If a meet is in the USA Swimming database, coaches do not need to bring a hard copy to TAGS to prove any relays or individual swims aggregated together for qualifying times. Be aware that High School and YMCA Meets MAY NOT be in the database.

Bonus Swims: Swimmers with 1 regular cut get 1 bonus swim. Swimmers with 2 regular cuts get 1 bonus swim. Swimmers with 3 or more regular cuts get 0 bonus swims. Individual time standards only (relay times are not included in the Bonus cuts).

Deck Entries: Deck entries will be accepted. Deck Entries are \$30.00 per individual event, \$60 for relays. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. Swimmers who deck enter must pre-prove a qualifying time with the Admin Referee and will be entered in an open lane. A zero heat will be added if necessary, but there will be no standbys for open lanes. Swimmers not previously entered in the meet must present their 2019 USA swimming registration. A coach may also present the club's official, watermarked roster from the USA Swimming club portal.

Time Trials: Time Trials will be held, *time permitting*, for TAGS participants between preliminaries and finals on Friday and Saturday. Entries will be taken on the 2nd floor on the Non-Flag End balcony of the Swim Center from 9 AM -11 AM on Friday and Saturday. There will be no time trials on Wednesday, Thursday or Sunday. The entry fee is \$30 per event. A swimmer may swim a maximum of one time trial per day. The 800 Free will only be offered for Time Trial on Friday and the 1500 Free will only be offered for Time Trial on Saturday. Time trial events count towards a swimmers maximum events per day as outlined in the "Entries" section. Time Trial results will be published with the Final Results; however, these times cannot be considered for state records. Events will swim mixed gender. Order of events will be: 50's, 100's, 200's, 400 IM, 400 FR and distance of that day. There will be NO break between the end of the prelim session and the start of time trials.

A qualifying TAGS time earned during time trials will NOT qualify a swimmer to swim that event at TAGS (time trials is past the qualifying period).

Opening Ceremonies/Athlete Recognition: There will be a short opening ceremony on Friday, July 26, 2019 at 8:50 AM. Each team will be introduced and recognized. Teams will not parade. The session will start approximately 10 minutes following the opening ceremony.

Credentials/Registration/Deck Access: All coaches, officials and participating athletes will be issued credentials. Only people with credentials will be allowed access to the deck. **Coaches must register in OME for a deck pass.**

Coaches and officials will be required to show their current USA Swimming registration card or proof of membership using the USA Swimming Deck Pass app in order to receive their credential. Coaches may pick up their team's credential tags at the registration desk on Wednesday, July 24 between 11:30 AM and 1:30 PM. The registration desk will be located at Clerk of Course. Replacement credential tags will be available at a cost of \$50.

Volunteers will be given a credential to access the deck and help for that specific purpose. Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Director or Texas Swimming Center staff. Deck passes are only available for coaches.

Deck passes will be limited based on a Team's number of swimmers entered in individual events. Teams with:

- 1 – 4 swimmers will be allowed 1 deck pass;
- 5 – 8 swimmers 2 deck passes,
- 9 – 18 swimmers 4 deck passes,
- 19 – 40 swimmers 5 deck passes and
- 41- 49 swimmers 7 deck passes.

Teams with 50 + swimmers may add up to 5 additional deck passes for \$20 each. Those additional deck passes will need to be cleared with the Meet Director.

Timers: Athletes will need to provide timers & counters for the 800 & 1500. Each team entered in the meet will be responsible for providing additional timers. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timers will be called for prior to the start of each session. **Admission is FREE for the sessions you time.**

[Timers can sign-up in advance here. Please come ready to time.](#)

Scoring: All events will be scored by age group (10 & under, 11-12, 13-14). The top 16 places will score.
Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Team points will not be awarded for a relay performance that does not meet or better the minimum time standard for that event.

Awards: Individual Events: Medals 1st through 8th, Ribbons 9th through 16th

Relay Events: Medals 1st through 3rd, Ribbons 4th through 8th

Teams: TAGS Flags will be awarded to teams that finish in 1st through 10th place. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.

High Point Award: A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.

Team Age Group Award: A white flag with red printing will be given to the first place girl's and boy's teams in the following age groups using individual and relay events only: 10 & Under, 11-12, and 13-14.

Horizon Award: Given to the team that has the greatest place improvement in the team standings. No previous score is necessary, but the team must have been entered and recognized in the meet. This award will be computed from last year's Long Course TAGS team rankings. No physical award is given.

Team Flags and High Point Trophies will be awarded within one hour of the conclusion of the meet. Medals and ribbons can be picked up at the Front Desk at the conclusion of the meet. **[Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to Longhorn Aquatics within 24 hours of the conclusion of the meet.](#)** If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of Longhorn Aquatics.

Meet Referee:	Herb Schwab	281-242-1334	Herb.schwab@gmail.com
Admin Referee:	Rick Allenstein	210-602-6418	rallenstein@hotmail.com
Head Coach:	Mike Laitala	512-471-7703	mike.laitala@austin.utexas.edu
Meet Director & Entry Chair:	Bridgette Laitala	512-471-7703	bridgette.rhoades@austin.utexas.edu

Officials: All deck officials must be currently certified by USA Swimming and their LSC, and have a current background check. Help from visiting officials is always welcome. Officials are asked to submit this [application form](#) so the team can plan accordingly. If anyone has any issues with the form, please contact the Meet Referee directly. All officials must attend a mandatory meeting one-hour before each session. The uniform for all preliminary sessions will be white polo shirt over khaki shorts/pants/skirt, as appropriate. Finals uniform will be navy blue polo shirt over khaki pants/skirt (NO shorts), as appropriate. All officials will be issued credential tags. Only persons with credential tags will be allowed access to the deck. Officials should prominently display their meet credential while on deck. The wearing of name tags is encouraged.

Official Certification: Application for this meet has been submitted for approval as an Officials Qualifying Meet. Officials who are interested in being evaluated need to submit their completed application (link referenced above) to the Meet Referee by June 28, 2019. The application will request that evaluations will be available for all N3 certifications.

Special Needs: A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities. Please notify the Texas Swimming Center at 512-471-7703 in advance of this event with the name and age of any member on your team who needs assistance to enter the building. The Texas Swimming Center Staff will make reasonable accommodations for swimmers coaches, or spectators who wish to enter and use our facility. In any meet sanctioned or approved by South Texas Swimming, Inc., which may include one or more swimmers with visual, hearing, mental, or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i. e., Article 105. Coaches and / or athletes must notify the Meet Referee before the event begins if they are to be considered to be judged under Article 105.

Racing Start Proficiency: (Unaccompanied Swimmers) Any swimmer entered in the meet must be certified by a USA swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Concealed Carry 30.06: (Campus Carry) Pursuant to Section 30.06, Penal Code (trespass by license holder with a concealed handgun), a person licensed under Subchapter H, Chapter 411, Government Code (handgun licensing law), may not enter this property with a concealed handgun. For more information visit <http://campuscarry.utexas.edu/>

Parking: The University of Texas requires a UT permit for parking along Trinity and San Jacinto. [Please go to our website, as we get closer to the meet for more information on parking.](#)

Results: No paper results will be posted. Results can be found on Meet Mobile or on the [Longhorn Aquatics Live Results link.](#)

Deck Changing: Deck changes are prohibited.

Drones: Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program & Events Committee Chair or designee.

Heat Sheets: [Heat sheets will be posted on the Longhorn Aquatics website for FREE.](#) Paper copies will NOT be sold.

Hotel Specials for TAGS

Holiday Inn- Midtown

Address: 600 Middle Fiskville Road, Austin, Texas, 78752

Rate: \$109/night + tax. Free breakfast for up to 2 guests.

Book here: [TAGS booking link](#).

Located less than 4 miles from center in a great neighborhood with several local Austin restaurants within walking distance. Offering 91 NEW double Queen Rooms with complimentary parking, Wi-Fi, full service restaurant and beautiful outdoor courtyard with pool.

Crowne Plaza

Address: 6121 IH 35, Austin, Texas, 78752

Rate: \$99/night + tax. Free breakfast buffet.

Book here: [TAGS booking link](#). **Code: GSC**

Located just north of the Texas Swim Center, free parking, complimentary Wi-Fi, and beautiful newly renovated guest rooms.

DoubleTree by Hilton Austin University

Address: 1617 North Interstate 35, Austin, TX 78702

Rate: \$159/night + tax. Free breakfast for up to 2 guests.

Book here: [TAGS booking link](#)

The newly renovated Doubletree Hotel Austin University is the closest Hotel to the UT Swim Center and has complimentary parking.

Admission: Adult (18 +) all session pass: \$35
Adult (18+) single session pass (prelims or finals): \$5
Children (0-17) Free

Warm-Up Schedule:

	Thurs.	Fri.	Sat.	Sun.
7:00 to 7:30	Group 1	Group 2	Group 3	Group 1
7:30 to 8:00	Group 2	Group 3	Group 1	Group 2
8:00 to 8:30	Group 3	Group 1	Group 2	Group 3
8:30 to 8:50	Dive/Sprint Pace for all athletes			

A 10 & under warm up area will be designated in the diving well.

** Group assignments are TBA and will be emailed out to teams & posted on the Longhorn Aquatics website no later than Tuesday, July 23, 2019. Please be advised that the Meet Director and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups.

Timer Sign-Up: Admission is **FREE** for the sessions you time. [Timers can sign-up in advance here.](#)

TAGS Shirt Pre-Order: T-shirt pre-order is available online until noon Monday, July 15th. Pre-ordered shirts are available for pick-up at a table near the Longhorn Aquatics store on the second level. Must show receipt for pick-up.

A limited supply of Short sleeve T-shirts will be sold during the meet at the store located on the 2nd floor of the Swim Center. The **ONLY** way to guarantee a shirt & your size is to Pre-order! Short sleeve T-shirts will be sold for \$20.

2019 Long Course TAGS Order of Events & Time Standards

TAGS DAILY MEET SCHEDULE

The following schedule will be used as a guideline for all activities.

WEDNESDAY, JULY 24

2:00 to 9:00 p.m.	Pool opens for warm-up.
3:00 p.m.	800 Free positive check-in deadline
3:00 p.m.	Relay cards due to Clerk of Course for today's session
3:00 to 3:45 p.m.	Warm-up for 800 Free (there will be a 15 min. break before the relay)
4:00 p.m.	Meet Start
10 min. after end of session	Pre-TAGS General Meeting – on deck at the Flag end of the pool
10 min. after General Mtg.	Relay cards due for tomorrow's relay events
10 min. after General Mtg.	Scratch deadline for Thursday's prelim events

THURSDAY, JULY 25

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Friday's prelim events.
6:00 p.m.	Relay cards due to Clerk of Course for Friday relays, Declare AM/PM

FRIDAY, JULY 26

7:00 to 7:30 a.m.	Group 2 Warm up
7:30 to 8:00 a.m.	Group 3 Warm up
8:00 to 8:30 a.m.	Group 1 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
8:50 a.m.	Recognition of athletes (followed by a 10 minute break)
9:10 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Saturday's prelim events
6:00 p.m.	Relay cards due to Clerk of Course for Saturday relays, Declare AM/PM

SATURDAY, JULY 27

7:00 to 7:30 a.m.	Group 3 Warm up
7:30 to 8:00 a.m.	Group 1 Warm up
8:00 to 8:30 a.m.	Group 2 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events
6:00 p.m.	Scratch deadline for Sunday's prelim events
6:00 p.m.	1500 Free positive check-in, Declare AM/PM
6:00 p.m.	Relay cards due to Clerk of Course for Sunday relays, Declare AM/PM

SUNDAY, JULY 28

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:50 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start
4:00 to 5:00 p.m.	General Warm up
4:00 to 5:20 p.m.	Finalist Warm up
5:30 p.m.	Finals start for today's events

**There will be a minimum three-hour break between the end of the Preliminary Session and the start of the Final Session. The Finals Session will start no earlier than 5:30 PM but may start later, based on the end of the Preliminary Session.

** TAGS Committee & Texas All Star Camp meeting will be held at the end of prelims on Friday in Hospitality at the Texas Swim Center.

**TSA meeting will be held at the end of prelims on Saturday in the Grandstands.

Wednesday July 24, 2019*Finals: Meet Starts 4:00 PM*

Qualifying Times LCM	Bonus Times LCM	GIRLS	EVENT	BOYS	Qualifying Times LCM	Bonus Times LCM
		EVENT #	DESCRIPTION	EVENT #		
9:39.49	9:42.39	1	13/14 800 free*	2	9:10.69	9:13.49
9:13.49	-	3	13/14 800 Free Relay**	4	8:46.09	-

*The 800 Free requires positive check-in. The event will alternate girls and boys. Swimmers must provide their own counters
 ** The 800 Free Relay requires positive check-in. The event will alternate girls and boys.

Thursday July 25, 2019*Prelims: Meet Starts 9:00 AM**Finals: Meet Starts 5:30 PM*

Qualifying Times LCM	Bonus Times LCM	GIRLS	EVENT	BOYS	Qualifying Times LCM	Bonus Times LCM
		EVENT #	DESCRIPTION	EVENT #		
2:58.99	2:59.89	5	10/U 200 IM	6	2:56.09	2:56.99
2:38.39	2:39.19	7	11/12 200 IM	8	2:36.99	2:37.79
2:30.79	2:31.59	9	13/14 200 IM	10	2:20.89	2:21.59
38.79	38.99	11	10/U 50 Back	12	39.19	39.39
34.69	34.89	13	11/12 50 Back	14	33.49	33.69
1:00.99	1:01.29	15	13/14 100 Free	16	57.49	57.79
1:04.79	1:05.11	17	11/12 100 Free	18	1:03.09	1:03.49
1:12.59	1:13.19	19	10/U 100 Free	20	1:11.19	1:11.59
2:29.59	2:30.39	21	13/14 200 Fly	22	2:21.09	2:21.79
2:43.69	2:44.39	23	11/12 200 Fly	24	2:40.09	2:40.89
4:43.49	-	25	13/14 400 Medley Relay*	26	4:25.19	-
5:00.79	-	27	11/12 400 Medley Relay*	28	5:01.39	-

*The fastest heat that elect to swim in finals of boys and girls in each age group (11-12 and 13-14) will swim in finals

Friday July 26, 2019*Prelims: Meet Starts 9:10 AM**Finals: Meet Starts 5:30 PM*

Qualifying Times LCM	Bonus Times LCM	GIRLS	EVENT	BOYS	Qualifying Times LCM	Bonus Times LCM
		EVENT #	DESCRIPTION	EVENT #		
2:36.69	2:37.49	29	10/U 200 Free	30	2:35.79	2:36.59
2:19.99	2:20.69	31	11/12 200 Free	32	2:16.49	2:17.19
2:13.59	2:14.29	33	13/14 200 Free	34	2:05.49	2:06.19
44.19	44.49	35	10/U 50 Breast	36	44.09	44.39
38.69	38.89	37	11/12 50 Breast	38	37.79	37.99
1:07.49	1:07.79	39	13/14 100 Fly	40	1:02.49	1:02.89
1:23.59	1:24.09	41	10/U 100 Fly	42	1:22.89	1:23.39
1:11.79	1:12.19	43	11/12 100 Fly	44	1:10.59	1:10.99
5:21.19	5:22.79	45	13/14 400 IM	46	5:01.29	5:02.79
5:11.39	-	47	10/U 400 Free Relay*	48	5:12.39	-
4:26.29	-	49	11/12 400 Free Relay*	50	4:27.69	-
4:12.29	-	51	13/14 400 Free Relay*	52	3:59.69	-

* The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals

Saturday July 27, 2019						
<i>Prelims: Meet Start 9:00 AM</i>						
<i>Finals: Meet Start 5:30 PM</i>						
Qualifying Times LCM	Bonus Times LCM	GIRLS	EVENT	BOYS	Qualifying Times LCM	Bonus Times LCM
		EVENT #	DESCRIPTION	EVENT #		
2:37.49	2:38.29	53	11/12 200 Back	54	2:36.89	2:37.69
2:30.69	2:31.99	55	13/14 200 Back	56	2:21.69	2:22.39
36.09	36.29	57	10/U 50 Fly	58	36.49	36.69
32.09	32.29	59	11/12 50 Fly	60	31.49	31.69
1:19.39	1:19.79	61	13/14 100 Breast	62	1:13.69	1:14.09
1:37.39	1:37.89	63	10/U 100 Breast	64	1:37.19	1:37.69
1:24.19	1:24.69	65	11/12 100 Breast	66	1:21.79	1:22.19
4:41.09	4:42.49	67	13/14 400 Free	68	4:25.59	4:26.99
5:31.49	5:33.19	69	10/U 400 Free	70	5:20.39	5:21.99
4:56.19	4:57.69	71	11/12 400 Free	72	4:50.89	4:52.39
1:56.69	-	73	13/14 200 Free Relay*	74	1:48.89	-
2:20.39	-	75	10/U 200 Free Relay*	76	2:19.09	-
2:02.99	-	77	11/12 200 Free Relay*	78	2:01.19	-

* The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals

Sunday July 28, 2019						
<i>Prelims: Meet Start 9:00 AM</i>						
<i>Finals: Meet Start 5:30 PM</i>						
Qualifying Times LCM	Bonus Times LCM	GIRLS	EVENT	BOYS	Qualifying Times LCM	Bonus Times LCM
		EVENT #	DESCRIPTION	EVENT #		
1:10.29	1:10.69	79	13/14 100 Back	80	1:05.59	1:05.99
1:13.79	1:14.19	81	11/12 100 Back	82	1:12.79	1:13.19
1:23.29	1:23.79	83	10/U 100 Back	84	1:23.69	1:24.19
18:39.89	18:45.49	85	13/14 1500 Free**	86	17:42.29	17:47.69
3:03.19	3:04.19	87	11/12 200 Breast	88	2:57.19	2:58.09
2:54.19	2:55.09	89	13/14 200 Breast	90	2:40.69	2:41.49
33.09	33.29	91	10/U 50 Free	92	32.59	32.79
29.79	29.99	93	11/12 50 Free	94	28.79	28.99
28.39	28.59	95	13/14 50 Free	96	26.59	26.79
2:38.79	-	97	10/U 200 Medley Relay*	98	2:40.29	-
2:16.19	-	99	11/12 200 Medley Relay*	100	2:16.99	-
2:10.29	-	101	13/14 200 Medley Relay*	102	2:01.69	-

* The fastest heat that elect to swim in finals of boys and girls in each age group (10 & under, 11- 12 and 13- 14) will swim in finals

** The 1500 Free requires positive check-in. The fastest 8 boys and girls electing to swim in finals will swim at night.

During prelims the 1500 will swim fast to slow, alternating heats of girls and boys after the 200 Medley Relay and a 10 minute break.

TAGS Warm up Procedures

1. Coaches may choose to control warm-ups in their assigned lane(s), but in either case must adhere to safety considerations.
2. General Warm-up:
 - a. All lanes are to be utilized for general warm-up.
 - b. No diving from the blocks or pool edge/deck
 - c. Swimmers must enter the water feet first in a cautious manner
 - d. No sprints or pace work is permitted
3. Specific Warm-up:

Pool	Push / Pace	Race Starts	General Warm-up
8 Lanes	1 and 8	2,3,4,5,6,7	Diving Well

- a. Push/Pace lanes: push off from starting end – circle swimming – No Diving.
- b. Racing Starts: Sprint lanes for race starts and backstroke starts. Race starts at designated times, swimming in one direction only.
- c. General Warm-up: No diving or sprinting – circle swimming only
4. Coach Responsibilities
 - a. Coaches shall instruct their swimmers regarding the safety guidelines and warm-up procedures.
 - b. Coaches shall supervise swimmers throughout the warm-up session.
5. Host Responsibilities:
 - a. Safety marshals shall be on deck to enforce the safety guidelines and warm-up procedures.
 - b. The marshals shall report to the Meet Referee and / or the Head Marshal and receive instructions from them.
 - c. Marshals shall have the authority to remove any swimmer or coach from the deck for the remainder of the warm-up session if found to be in violation of these procedures.
 - d. A dedicated warm-up area for 10 and under swimmers must be provided.
 - e. The warm-up procedures shall be included in the meet information.
6. Miscellaneous: Discretion and common sense shall always prevail during warm-ups. Therefore, the Meet Referee may modify any procedures should the needs of the meet so dictate.